



When to call for help if you've been diagnosed with or exposed to COVID-19

Our family of physicians are here to provide exceptional care and protect the health and safety of all our patients and visitors.

Call 911...

- If you have severe trouble breathing.
- You are extremely confused or not thinking clearly.
- You pass out or lose consciousness.
- If you have signs of severe dehydration, consult with a doctor.

IF YOU DEVELOP THESE SYMPTOMS

If you have a high risk of having been exposed to this virus or you have tested positive but don't have symptoms, call your doctor now if you develop symptoms such as:

- Shortness of breath.
- Fever.
- Cough.



Call First.

Whether you have symptoms or not, call ahead to the doctor's office before you go to prevent exposing other people to the virus. Make sure you wear a face mask when you go to the doctor.

IF SYMPTOMS GET WORSE

If you have been diagnosed with coronavirus disease and already have a cough, fever, or shortness of breath, call your doctor now if your symptoms get worse or you don't get better as expected.

My Telehealth Number: _____

My Doctor: _____

Are you concerned that you may have coronavirus?

Texas Health Resources Coronavirus Hotline, staffed by nurses, is available to help answer your questions. Call 682-236-7601 anytime to speak with a nurse. Learn how to protect yourself.

Source: Healthwise