

## Safe Return to Your Physician's Office



### Proper Precautions for an In-Person Doctor Appointment

#### DON'T LET THE CORONAVIRUS KEEP YOU FROM RECEIVING CARE



We're all trying to safeguard our health against exposure to the coronavirus, and social distancing and avoiding public places is part of it. However, staying up to date on important preventive medical care may require an in-person visit to your doctor.

Many people have put routine health exams on hold due to the coronavirus, fearing exposure if they visit a health facility. At Southwestern Health Resources provider clinics, we are taking extra precautions to ensure patient and staff safety. You can be confident that your physician and other care facilities are adhering to strict guidelines that minimize risk and your exposure to others.

#### WHAT TO EXPECT WHEN YOU GO TO YOUR DOCTOR'S OFFICE

- All patients, visitors, and staff are screened and temperature-checked upon entry to buildings.



- The screening process is very detailed, and any cause for concern generally results in patients being rescheduled for a later date.

- All patients, visitors, and staff are required to wear masks at all times.



- Staff are additionally required to wear eye protection (i.e., goggles, face shields).

- All physicians and staff wash their hands between every patient and put on gloves if contact is necessary.

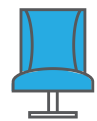


- All touch points (waiting areas, counters, etc.) are sanitized regularly.



- Patients are only allowed to be accompanied by 1 guest, and no guest under the age of 12 is allowed into the clinic areas.

- Seating in waiting areas is arranged to keep people at least 6 feet apart.



- Check-in and check-out areas have plexiglass shields between the patient and staff member.

- Options for touchless payment may be available online or in MyChart. If paying with a card, staff do not touch the card either.

All of these steps and guidelines work together to create a safe environment for patients.

We hope you can see that, and will see us soon. For more information, visit [SouthwesternHealth.org/SafeVisit](https://SouthwesternHealth.org/SafeVisit).