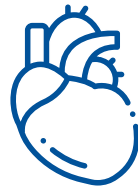


Your Heart and the New Coronavirus

HEART ATTACKS AND STROKES DON'T STOP DURING A PANDEMIC.

Don't ignore heart symptoms.



GETTING CARE IS CRITICAL TO:

- ✓ Get better faster.
- ✓ Limit damage to your health.

Especially if you have a heart condition.

Call 911.

If you think you are having a heart attack or stroke. Hospitals have safety measures to protect you from infection.

Call your doctor.

If you have a heart condition and have questions or think you need a health visit. Do NOT delay routine care. You may be able to get advice over the telephone or use telehealth services for a virtual visit.

HEART ATTACK SYMPTOMS:



Chest pain



Difficulty breathing



Discomfort in chest, arms, back, neck, shoulder or jaw

STROKE SYMPTOMS:



Loss of balance



Confusion, trouble speaking or understanding



Numbness, weakness or loss of movement in your face, leg or arm, especially on one side



Are you concerned that you may have coronavirus?

Texas Health Resources Coronavirus Hotline, staffed by nurses, is available 24/7 to help answer your questions. Call **682-236-7601** anytime to speak with a nurse. Learn how to protect yourself.