

Call First! Avoid exposing others to COVID-19

WHY CALL FIRST?

Call first so that you don't leave your home unless you really need to. Many people with COVID-19 don't need medical care or testing. When they leave their homes for care that they don't need, they put others at risk. Seek care if you need it. But call first to be sure.

"I think I have COVID-19. Should I seek medical care?"

CALL FIRST.

If you think you have COVID-19, stay home and call your doctor's office, urgent care, or telehealth line. They can advise you on whether you need medical care.



"I'm sick with COVID-19, and my symptoms are getting worse. Should I go to urgent care or the ER?"

CALL FIRST.

Call first so that IF you need care, the doctor's office, clinic, or hospital knows that you're coming. They may want you to use a special entrance, go to a special area, or wear a mask upon arrival.



Are you concerned that you may have coronavirus?

Texas Health Resources Coronavirus Hotline, staffed by nurses, is available 24/7 to help answer your questions. Call 682-236-7601 anytime to speak with a nurse. Learn how to protect yourself.

Source: <https://www.healthwise.org/specialpages/covid-19-resources.aspx>