

COVID-19/CORONAVIRUS IMPORTANT INFORMATION

Are you concerned that you may have coronavirus? Texas Health Resources Coronavirus Hotline, staffed by nurses, is available to help answer your questions. Call **682-236-7601** anytime to speak with a nurse.

- 1 Wash your hands with soap and water for at least 15 to 20 seconds, and use alcohol-based hand sanitizer.
- 2 Avoid touching your eyes, nose or mouth with unclean hands.
- 3 Stay away from sick people (and stay home except to get medical care if you're sick).
- 4 Use tissues to cover coughs and sneezes (and throw tissues away).
- 5 Clean and disinfect items and surfaces that are touched a lot.
- 6 Keep at least 6' away from anyone that does not live in your household.
- 7 Wear a face covering in public at all times.